

Preschool Readiness Checklist

Use this as a family planning tool instead of a scorecard.

Routines

- Follows a short routine
- Can sit for a short story

Communication

- Uses words to ask for help
- Separates with support

Independence

- Can open lunch items
- Can try bathroom steps

Preschool Readiness Checklist next-step notes

Pick one area to practice this week and keep the plan very small.

This week we want to practice

What might help

How we will know it feels easier
